



LARRY A HOFF ePOST 2100



Issue #28 JULY 2015

COMMUNICATION IS POWER

TO OPT OUT OF OUR NEWSLETTERS, E-MAIL cgoetz@myemc.net

OUR NEXT MEETING

July 17 at 7:30, is slated for our next tele-meeting using [ooVoo](#) .

On ooVoo, I am **robertgreen00109**

Our tele-meeting is provided for you to learn about and have input regarding our ePost.

Have you visited [Our Web site](#), lately?

OUR HELP DESK STANDS READY TO ASSIST VETERANS WITH FREE COMPUTER-RELATED AID.

TED RICHARDS: 404-754-0415

tkr1258@gmail.com

BOB GREEN: (770) 786-702

rgreen1@greenunicorn.com

COMMANDER'S CORNER

Welcome to the month of July and the beginning on the second half of the calendar year. We have a lot to accomplish left, this year, and I look forward to making it all come to fruition, with your help!



Membership aim should mostly be the retention of our 41 and securing 10+ more to gain new new members for a long total of 50+ ! We can do that with everyone's help!

Paul and I spent time at the State Conference this weekend. Thanks to Paul Aust, who spent more time there than I did, I picked up some valuable information from the Saturday meeting.

At press time, we looked forward to our family get together at Folks where we will award certificates to many and a special award to Bob for our Legionnaire of the year!

Two special awards will also be awarded. All of you have put in effort, especially our Executive Committee. Thank all of you for your work in keeping our ePost functioning!

Remember, our ePost is barely into it's third year and with one problem, which we overcame, and I became Commander of a great staff we rose from near ruin to once again a viable Post of growth, after removing *purchased growth*!

Now we have functional growth with very few that were added for disabled reasons. We have younger vets, also! Several from other states have joined and or shown interest.

At the convention, I listened to a great new speech by Colonel Thomas Carden on the Georgia National Guard. I spoke privately with him and ask to set up a telephone meeting and he was all for it!

Once again, we go onward and upward in our quest in helping vets, vets spouses, and deployed vets and families!

REMAINING

FEDERAL HOLIDAYS

Friday, July 3
Independence Day



Monday, September 7

Labor Day

Monday, October 12
Columbus Day

Wednesday, November 11
Veterans Day

Thursday, November 26
Thanksgiving Day

Friday, December 25
Christmas Day

[From Federal Archives](#)

Ed

MEMBERSHIP ELIGIBILITY DATES

Below, are the eligibility dates for those veterans seeking membership in the American Legion:

WWI: 4/6/17 TO 11/11/18

WWII: 12/7/41 TO 12/31/46

KOREA: 6/25/50 TO 1/31/55

VIETNAM: 2/28/61 TO 5/7/75

LEBANON/GRENADA: 8/24/82 TO 7/31/84

PANAMA: 12/20/89 TO 1/31/90

GULF WAR /WAR ON TERRORISM: 8/2/90 TO THE PRESENT

If you have questions about eligibility, please contact Commander [Ed McMillan](#) or Adjutant, [Ted Richards](#).

DO YOU KNOW THE REST?

I. Freedom of Speech, Press, Religion and Petition

Congress shall make no law respecting an establishment of religion, or prohibiting the free exercise thereof; or abridging the freedom of speech, or of the press; or the right of the people peaceably to assemble, and to petition the Government for a redress of grievances.

II. Right to keep and bear arms

A well-regulated militia, being necessary to the security of a free State, the right of the people to keep and bear arms, shall not be infringed.

III. Conditions for quarters of soldiers

No soldier shall, in time of peace be quartered in any house, without the consent of the owner, nor in time of war, but in a manner to be prescribed by law.

IV. Right of search and seizure regulated

The right of the people to be secure in their persons, houses, papers, and effects, against unreasonable searches and seizures, shall not be violated, and no warrants shall issue, but upon probable cause, supported by oath or affirmation, and particularly describing the place to be searched, and the persons or things to be seized.

Do we, and others, really know and understand our rights under the *Constitution*?

Are those rights subject to interpretation? Yes.

Our nation has undergone significant changes, but it is the increased pace of those changes which can be difficult to fathom and accept.

[Source](#)

Bob



The fourth of July may mean many things to many people, but prime among those things should be recognition, appreciation and celebration of our individual and collective freedoms.



It is said that one does not fully appreciate something until it is lost (irrevocably?). That is probably true, but each year the date of July 4th provides an annual attempt to rekindle the spark that sets America apart from so many other nations of the world.

Make the time to re-read our *Declaration of Independence* and *Constitution*. Within those foundational documents rests the bedrock of our freedoms, which most of us take for granted.

This fourth of July, encourage others to attend patriotic events, watch a parade and erect an American flag at your home.

My wife and I have joined two local patriotic organizations and try to do our best to be effective participants, not just dues-paying members.

In *South Pacific*, there is a song which speaks of children having to be carefully taught. In the *Bible*, the same inculcation is found. It seems so many Americans have lost their moral compass and are unaware of our precious freedoms being attacked. I like the admonition: "Those who stand for nothing fall for anything"--Alexander Hamilton (soon to be replaced on the ten-dollar bill).

What do we do and feel AFTER the fourth of July? Do we wax patriotic only when required by a national holiday.

To quote another (misquoted but germane platitude), "Eternal vigilance is the price of liberty."--Thomas Jefferson.

I am wishing you and yours a meaningful celebration of our liberties and ask for your continuance in ours, "The land of the free and the home of the brave."

Bob

770-786-8702

rgreen1@greenunicorn.com

YES, YOU CAN BE A HAM

Members of the Gateway Amateur Radio Club of Cleveland will be participated in the national Amateur Radio Field Day exercise, this past Saturday and Sunday, at the Cleveland Worship Center Pavilion on the Helen Highway. Since 1933, amateur radio operators across North America have established temporary communication facilities in public locations during Field Day to showcase the science, technology, versatility, and value of Amateur Radio. This event is open to the public and all are encouraged to attend.



Over 45,000 people from thousands of locations participated in Field Day in 2014.

For over 100 years, Amateur Radio — sometimes called ham radio — has allowed people from all walks of life to experiment with electronics and communications techniques, as well as provide a free public service to their communities during a disaster such as the Nepal earthquake, all without needing a cell phone or the Internet.

GARC Club President Ned Mountain (WC4X) of Sautee said, “Field Day demonstrates ham radio’s ability to work reliably under any conditions from almost any location and create critical independent communications networks.” Mountain said, the event officially begins at 2 PM Saturday and runs continuously until 2 PM Sunday afternoon.

There will be special ham stations set up to allow anyone to make contact with others participating in the event.

Les

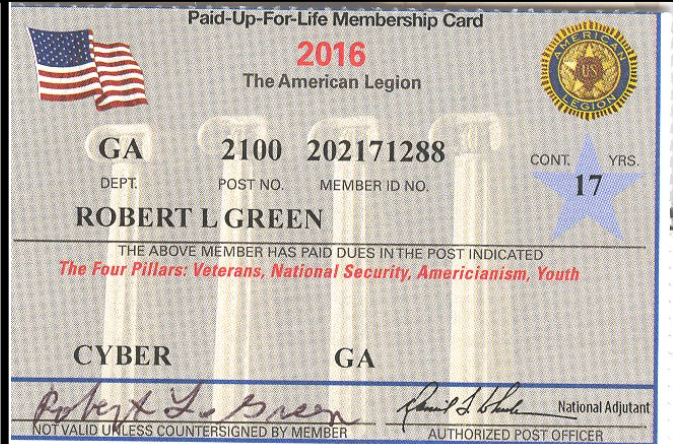
VET ARMS BUY-BACK?

On the one hand, the Veterans Administration and the FBI have found veterans to be mentally ill and too dangerous to be allowed to own firearms, while on the other hand allowing these allegedly dangerous people to buy their firearms rights back,” wrote Michael Connelly, executive director of the United States Justice Foundation in a report.

Read more at <http://patriotupdate.com/2015/06/vets-told-they-can-buy-back-2nd-amendment-rights/>

REMEMBER, UNDERLINED TEXT USUALLY LINKS TO OUTSIDE SOURCES, SO CLICK ON THOSE TO GET FURTHER INFORMATION.

PROOF OF YOUR SERVICE



Preamble to the Constitution of The American Legion

FOR GOD AND COUNTRY WE ASSOCIATE OURSELVES TOGETHER FOR THE FOLLOWING PURPOSES:

To uphold and defend the Constitution of the United States of America; to maintain law and order; to foster and perpetuate a one hundred percent Americanism; to preserve the memories and incidents of our associations in the Great Wars; to inculcate a sense of individual obligation to the community, state and nation; to combat the autocracy of both the classes and the masses; to make right the master of might; to promote peace and good will on earth; to safeguard and transmit to posterity the principles of justice, freedom and democracy; to consecrate and sanctify our comradeship by our devotion to mutual helpfulness.

Eligibility Dates

WWI: April 6, 1917 - November 11, 1918
WWII: December 7, 1941 - December 31, 1946
Korean War: June 25, 1950 - January 31, 1955
Vietnam War: February 28, 1961 - May 7, 1975
Lebanon/Grenada: August 24, 1982 - July 31, 1984
Panama: December 20, 1989 - January 31, 1990
Gulf War/War on Terrorism: August 2, 1990 - Present

What does this identification card, validating your membership and service...what does it mean to you?

This is proof of your commitment to improving the lives of veterans and their families.

Thank you, for your service!

Bob

I WATCHED THE OLD MOVIE, JUDGEMENT AT NURENBERG

Sure, I’ve watched this classic several times, but it does serve as a reminder about situational ethics.

Apart from the riveting acting, it brought up visceral responses as almost every facet reviewed law verses morality, versus pragmatism in that particular context. I feel it germane regarding present events.

Bob

GOOD NEWS/BAD NEWS

The House of Representatives passed their version of the 2016 defense budget (H.R. 1735), which includes plans to give service members a 2.3 percent pay increase for 2016.

The increase is 1.3 percent greater than last year and would be the largest military pay raise in since 2010.

=====

The Senate, however, voted to stick with the WH request for a 1.3 percent raise.

POST OFFICERS

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EXEC COMMITTEE PHIL GALANTI

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OUR WEB PRESENCE

Our Post's Web site: <http://epost2100.org/>

Our Post's Facebook Page: <https://www.facebook.com/ePost2100?fref=ts>

WIFE'S OOY GOOEY BROWNIES

Preheat oven to 350 degrees

1 Box Brownie or Cake Mix

(any kind - store brand works fine - 9"x13" pan size)*

1 stick butter or margarine, melted

2 eggs

Mix together and spread in bottom of greased 9"x13" pan. (I line mine with aluminum foil.)

1 8-oz. Package of Cream Cheese, softened

2 eggs

1 Box Powdered Sugar

Cream the cream cheese until light (don't bother cleaning mixing bowl.) Add eggs, then sugar. Mix well and pour on top of brownie mixture.

Bake at 350 for 45-50 minutes, until topping is golden brown. Don't bother using a cake tester because the topping will be very liquid-y and will run from side to side if the pan is tilted. Cool. (This recipe works best if baked a day ahead of time.) Cut into small squares ... these are VERY rich!

I cut mine 8 times on the long side and 6 times on the short side. I have cut the smaller, but I think this is about the best size. Our son made some for a party when he was about 20 and called the next day and said he knew the why I cut them so small ... nobody could eat a whole one! OH! I also use a plastic knife- they're a LOT less messy for some reason - I used to keep a tall glass of water to dip the metal knife in, but I don't have to do that with the plastic one!

* the chocolatier the better

VETERAN LICENSING AND CREDENTIALING

On January 14, 2015, Representative H.R. 341, a bill to require states to recognize the military experience of veterans when issuing licenses and credentials to veterans. Specifically, this bill would require states to establish a program that issues a license or credential to a veteran without requiring training or apprenticeship if that veteran receives a satisfactory score on an examination administered by that state and has at least 10 years of experience in a military occupational specialty that is similar to the civilian occupation for which such licensure or credentialing is required.

DAV supports this measure, in alignment with Resolution No. 225, passed at our most recent National Convention, which calls for the elimination of employment barriers that impede the transfer of military job skills to the civilian labor market

Please use the prepared e-mail, or draft your own message, to request your Senators support this important measure and ask that it be brought to the floor for a vote and passed into law as soon as possible.

Once again, thank you for all you do for veterans and their families.

Click the link below to log in and send your message:

<https://www.voterveice.net/BroadcastLinks/>

[OkqQk91Jma6Jilr7Lto2nw](#)

Phil Galanti

NOSTALGIC?

John Wayne and stars:

<http://biggeekdad.com/2014/09/john-wayne-1970/#.VCHJXVfNNJ8.email>

and

Kate Smith:

<http://www.bing.com/videos/search?q=smith+god+bless+america&FORM=VIRE1#view=de-tail&mid=F5B193BFD4724DBC6961F5B193BFD4724DBC6961>

HURRY UP AND WAIT

The number of veterans seeking health care but ending up on waiting lists of one month or more is 50 percent higher now than it was a year ago when a scandal over false records and long wait times wracked the Department of Veterans Affairs, *The New York Times* reported.

GETTING YOUR MAGAZINE?

Though filled with much advertising (gotta pay the bills), *The American Legion* magazine can serve as a source of germane veteran-related information.

If you are not receiving yours, you should:

Call Customer Service at 1-800-433-3318 or E-mail at cs@legion.org.

To contribute an article: call 1-317-630-1272 or E-mail at magazine@legion.org.

The Web site is www.legion.org.

A LITTLE HISTORY WHICH MOST FOLKS WILL NEVER KNOW

Interesting Veterans Statistics off the Vietnam Memorial Wall.

There are 58,267 names now listed on that polished black wall, including those added in 2010.

The names are arranged in the order in which they were taken from us by date and within each date the names are alphabetized. It is hard to believe it is 57 years since the first casualty.

The first known casualty was Richard B. Fitzgibbon, of North Weymouth, Mass. Listed by the U.S. Department of Defense as having been killed on June 8, 1956. His name is listed on the Wall with that of his son, Marine Corps Lance Cpl. Richard B. Fitzgibbon III, who was killed on Sept. 7, 1965.

There are three sets of fathers and sons on the Wall.

39,996 on the Wall were just 22 or younger.

8,283 were just 19 years old.

The largest age group, 33,103 were 18 years old.

12 soldiers on the Wall were 17 years old.

5 soldiers on the Wall were 16 years old.

One soldier, PFC Dan Bullock, was 15 years old.

997 soldiers were killed on their first day in Vietnam.

1,448 soldiers were killed on their last day in Vietnam.

31 sets of brothers are on the Wall.

Thirty one sets of parents lost two of their sons.

54 soldiers attended Thomas Edison High School in Philadelphia.

8 Women are on the Wall, Nursing the wounded.

244 soldiers were awarded the Medal of Honor during the Vietnam War; 153 of them are on the Wall.

Beallsville, Ohio with a population of 475 lost 6 of her sons. West Virginia had the highest casualty rate *per capita* in the nation. There are 711 West Virginians on the Wall.

The Marines of Morenci-They led some of the scrappiest high school football and basketball teams that the little Arizona copper town of Morenci (pop. 5,058) had ever known and cheered. Their service began on Independence Day, 1966. Only 3 returned home.

The most casualty deaths for a single day was on January 31, 1968 ~ 245 deaths.

The most casualty deaths for a single month was May 1968 - 2,415 casualties were incurred.

For most Americans who read this they will only see the numbers that the Vietnam War created. To those of us who survived the war, and to the families of those who did not, we see the faces, we feel the pain that these numbers created.

We are, until we too pass away, haunted with these numbers, because they were our friends, fathers, husbands, wives, sons and daughters. There are no noble wars, just noble warriors.

The above facts were passed on to me from veteran Kyser Cartledge, a participating member of American Legion Post 77 in Conyers, GA.



Bob

A FREEBIE

Want a free \$5,000 accidental life insurance policy offered through the auspices of our American Legion?

Paul Aust distributed these to us at our get together at Folks, Sunday afternoon.

The application for the free life insurance must be filled out and sent in each year.

At our dinner meeting, awards and pins were presented to those members, present.

Photos and coverage will be in next newsletter.

--Bob

PLACE
STAMP
HERE

IMMEDIATE PROCESSING REQUESTED

LEGIIONNAIRE INSURANCE TRUST
PO BOX 26720
PHOENIX AZ 85068-6720

35280



Endorsed by Your
American Legion
Department

AMERICAN LEGION MEMBERS: IMPORTANT NOTIFICATION FOR LEGIONCARE \$5,000.00 NO COST TO YOU BENEFIT*

All dues-paying American Legion Members in your Department will be given up to \$5,000.00 of Accidental Death Insurance at No Cost by completing and returning the attached card. You must complete and return the attached card to enroll in the NO COST \$5,000.00 Accident Insurance to extend coverage through August 31, 2016.

THERE IS NO COST TO YOU

- Coverage has been arranged on your behalf by Your American Legion Department.
- This coverage is Underwritten by Life Insurance Company of North America, and Administered by A.G.I.A., Inc. for The Legionnaire Insurance Trust.

YOUR \$5,000.00 COVERAGE IS EFFECTIVE WHILE YOU ARE TRAVELING ON OFFICIAL LEGION BUSINESS

- All you need to do is sign, date, and fill in your date of birth on the other side of this card and mail it today.
- Regardless of your age, health or occupation, your acceptance is guaranteed.
- Your coverage will become effective the date your Enrollment Activator is received by the Administrator during your lifetime.
- Your \$5,000.00 No Cost coverage will be effective through August 31, 2016, provided you enroll now, you remain a Legionnaire, and the Master Policy remains in force.

YOUR COVERAGE IS VALUABLE

- This plan will protect you anywhere in the world, 24 hours a day.
- Benefits include \$5,000.00 of Accidental Death Insurance if you die within 90 days of a covered accident, from bodily injuries as a direct result of, and from no other cause than from that accident covered by the group policy, and you are traveling on official Legion business*. Benefits include \$1,000.00 for all other covered accidents.
- Beneficiary for No Cost coverage will be the first surviving class of your spouse, children, or estate.

YOUR COVERAGE IS APPROVED AND ENDORSED

- This \$5,000.00 No Cost to you benefit is endorsed by your Department. It qualifies for complete approval and endorsement.
- Your Department has arranged this benefit at No Cost to you because of the need for this type of protection and the recognition that many Members may not have enough protection.

EXCLUSIONS: suicide; self-inflicted injury while sane or insane; sickness, disease, bodily or mental infirmity or medical or surgical treatment thereof; war or acts of war (declared or undeclared); while serving in the military; flying, except as a fare-paying passenger on a scheduled airline; participation in any speed or endurance contest; bacterial infections.

*For Purposes of the Legionnaire Insurance Trust, a member of The American Legion, with current year's dues paid, could be eligible for the \$5,000.00 Accidental Death benefit if he/she is traveling to, attending, or returning from an official function at which the Legionnaire represents his/her Post, District, Department, or National Organization in an official capacity.

THIS POLICY PROVIDES LIMITED ACCIDENT-ONLY BENEFITS AND DOES NOT PROVIDE COVERAGE FOR SICKNESS. This is a brief description of important features of the plan. It is not a contract. Terms and conditions of coverage are set forth in group policy # LIT 102002 or on policy form # XX39234 (LIT) issued to the Legionnaire Insurance Trust. The group policy is subject to the laws of the jurisdiction in which it is issued. Plan terms and availability may vary by state. Availability of this offer may change. Please keep this material as reference. Licensed agent of record—Florida: Fred Michael Strunk. Premiums for this insurance are derived from an experience rating calculation on other insurance products sold to Legionnaires under an experience rating arrangement between Your American Legion Department, as group policyholder for those other insurance products, and Life Insurance Company of North America, as the insurer of those products.

Here's all you have to do to get your \$5,000.00 NO COST TO YOU Benefit:

1. Complete the brief Enrollment Activator on the other side. Please sign, date, and provide your date of birth.
2. Detach and place a stamp on the reply card, drop it in the mail today. That's all there is to it!

For more information please call 1-855-837-2639

Coverage will be effective through August 31, 2016.

ENROLLMENT ACTIVATOR FOR LEGIONNAIRE:

Official Membership #:

Please indicate your DATE OF BIRTH (Coverage cannot begin without your date of birth)

Name:

| | | |
|-------|-----|------|
| MONTH | DAY | YEAR |
|-------|-----|------|

Address:

City: State: ZIP:

Yes, I want LegionCare; \$5,000.00 NO COST TO ME Accidental Death Insurance for covered accidents that occur while traveling on official American Legion business, or \$1,000.00 benefit protection for all other covered accidents, underwritten by Life Insurance Company of North America. I understand I have no obligation to pay for this benefit. My coverage will become effective when my Enrollment Activator is received by the Administrator during my lifetime and terminates on August 31, 2016.

Signature Today's Date

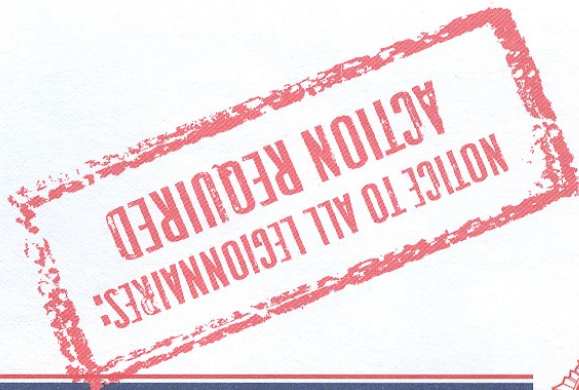
Please provide your email address as your LegionCare fulfillment will be provided via email.

Email Address:

TL-005220(LIT) T24602 LT16139 LIT 102002 11-ADFREE-1000 80507

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35280



AMERICAN LEGION
DEPARTMENT BUSINESS



▲ (Detach and mail immediately) ▲



Your American Legion Department

Value, Trust and Service for Legion Families since 1965.

IMPORTANT NOTIFICATION – IMMEDIATE ACTION REQUIRED

For the first time, get LegionCare coverage at NO-COST to you!

As a dues-paying Member of Your American Legion Department, you are entitled to LegionCare at No Cost to you.

**SUBMIT THE MEMBERSHIP APPLICATION, BELOW, DD-214 AND CHECK FOR
\$25.00**

TO: CHUCK GOETZ

706-219-4209

675 WASHBOARD ROAD, CLEVELAND, GA 30528

Your Name (required)

Email (valid email required)

Phone Number (required)

Mailing Address (required)

City (required)

State (required)

Zip Code (required)

\$25.00 Membership Fee

Please check the Appropriate eligibility dates and branch of service :

Aug 2, 1990 - Cessation of hostilities as determined by the U.S. Government
 Dec. 20, 1989 - Jan. 31, 1990
 Aug.24 1982 to July 31, 1984
 Feb. 28, 1961 - May 7, 1975

June 25, 1950 - Jan. 31, 1955
 Dec. 7, 1941 - Dec. 31, 1946
 April 6, 1917 - Nov. 11, 1918

U.S. Army
 U.S. Navy
 U.S. Air force
 U.S. Marines

U.S. Coast Guard
 Merchant Marines
12/7/41 - 8/15/45 (Only Eligibility)