



LARRY A. HOFF ePOST 2100

Issue #42 SEPTEMBER 2016

COMMUNICATION IS POWER



TO OPT OUT OF OUR NEWSLETTERS, E-MAIL cgoetz@myemc.net

OUR NEXT MEETING

September 15th at 7:30 PM is slated for our next tele-meeting using [ooVoo](#) . Click on [robertgreen00109](#).

Our tele-meeting is provided for you to learn about and have input regarding our cyber Post.

Have you visited [Our Web site](#), lately?

OUR HELP DESK STANDS READY TO ASSIST VETERANS WITH FREE COMPUTER-RELATED AID.

TED RICHARDS: 404-754-0415

tkr1258@gmail.com

BOB GREEN: (770) 786-702

commander@cyberpost2100.org

GETTING ONE'S THINGS IN ORDER

Bart, in California, sent us this military checklist for handling affairs for our deceased service members:

[CHECKLIST](#)

We may not want to consider what to do when a loved one dies, but it does happen and this may help in handling affairs.

MEMBERSHIP RENEWAL

It is that time, again. We need those \$35.00 renewals of memberships in The American Legion. Send check to:

Chuck Goetz



675 Washboard Road

Cleveland, GA 30528

COMMANDER'S CORNER



This is not the America in which I grew up, but it is still a bulwark of freedoms as granted us by our [Constitution](#); more specifically, the [Bill of Rights](#).

I do not carry the *Constitution* around with me in booklet form, but I do carry it in my heart and try to follow it in my daily

life.

Another important "document" is what is called [The Ten Commandments](#) (not the [movie](#)). Again, I do not carry them around in written form, but do try to follow them in my daily life.

It may seem that in current times, some Americans act without sufficient knowledge of these documents.

I am reminded of the patriot, Patrick Henry, who spoke these memorable words, "I know not what course others may take, but as for me, give liberty or give me death!"

Do we act as we should or as others direct?

Bob

commander@cyberpost2100.org

770-786-8702

MY HEALTH VET SITE

You might find this site of benefit to you and/or others:

<https://www.myhealth.va.gov/mhv-portal-web/anonymous.portal?nfpb=true&nfto=false&pageLabel=mhvHome>

OUR OFFICER CADRE

Commander	Robert (BOB) GREEN 770-786-8702
Senior Vice Cmdr.	LES GREEN 770-596-5635
Junior Vice Cmdr .	PAUL AUST 770-258-5043
Junior Vice Cmdr.	MARK FENLEY 678-661-1031
Finance Officer	CHUCK GOETZ 706-219-4209
Judge Advocate	TED RICHARDS 404-754-0415
Exec Committee	ED MCMILLAN (Past Commander) 770-757-6136
Exec Committee	RICK SCHIRMER 678-687-7270

DEPARTMENT OF GEORGIA'S STATE'S WEB SITE

Have you visited this important American Legion Web site: <http://www.galegion.org/> ?

This is our State's American Legion Web site and it has links to visit on its pages along the top and the side of the home page.



In my attempt to make it easy to donate to our ePost2100, I followed a link given to me for an Amazon program to do just that. Unfortunately, that was not the right program.

So, I enrolled us in another Amazon program used by other institutions, but that, also, proved to be a no-go. Nothing ventured...?

On another front, I have sent an E-mail to our Department Commander, Carmen Streit-Smith, asking her for a meeting to discuss how we can offer membership services to the home-bound who have and use Internet access and to those unable to attend a regular brick-and-mortar Post. She is quite busy, right now, but we will meet later.

Also, Ted has proposed a Mission Statement (we currently have none) and Paul is providing further input for us to consider at our next meeting. We missed Ed and Chuck at our meeting, but they were on well-deserved vacations.

Try to keep well-informed about our upcoming presidential elections, as this is quite an unusual election season. BTW, vote!

Editor *Bob*

VET CRISIS LINE

Hope you never need this veterans' Health Crisis Line:

1-800-273-8255

You may want to keep this handy in case someone near and dear, or just some veteran you know, is in a crisis and needs mental health (suicide) assistance.

WIRELESS ILLS

If you suddenly find your wireless mouse acting funny and/or your wireless keyboard not working well, it "could" be the batteries need replacing. It "might" be user error?

Check batteries before discarding and replacing. This should clear up the problems.

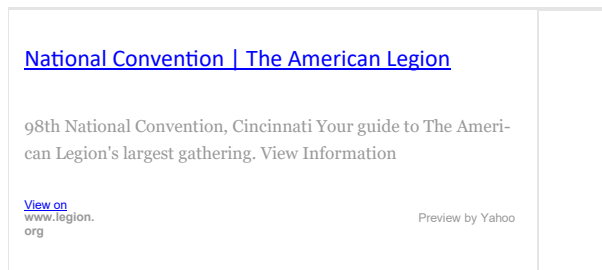
If not, and if possible, try a wired mouse/keyboard to see if trouble is with the computer.



PAUL'S CONVENTION UPDATE

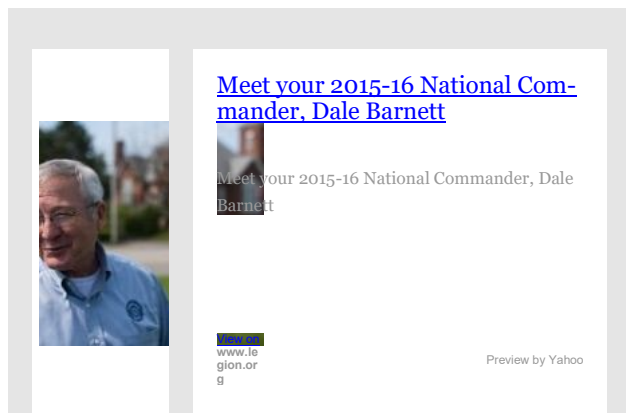
Please consider looking at this:

[National Convention | The American Legion](#)



our current NATIONAL COMMANDER

[Meet your 2015-16 National Commander, Dale Barnett](#)



LEGION MEMBERSHIP DATES

Below, are the eligibility dates for those veterans seeking membership in the American Legion:

WWI: 4/6/17 TO 11/11/18

WWII: 12/7/41 TO 12/31/46

KOREA: 6/25/50 TO 1/31/55

VIETNAM: 2/28/61 TO 5/7/75

LEBANON/GRENADA: 8/24/82 TO 7/31/84

PANAMA: 12/20/89 TO 1/31/90

GULF WAR /WAR ON TERRORISM: 8/2/90 TO THE PRESENT

If you have questions about eligibility, please contact Commander [Bob Green](#) or Adjutant, [Ted Richards](#).

REVISED MYHEALTHVET SITE

Make it a point to visit the revised [myhealthvet](https://www.myhealth.va.gov/index.html) site. The current Oold) one is <https://www.myhealth.va.gov/index.html>.

If you are not a member, consider joining to see the benefits.



**TO JOIN, SUBMIT THE MEMBERSHIP APPLICATION (BELOW),
YOUR DD-214 AND A CHECK FOR \$35.00**

**TO: Chuck Goetz
675 Washboard Road
Cleveland, GA 30528**

AMERICAN LEGION EPOST2100 (CYBER POST) MEMBERSHIP APPLICATION

YES! I'll help my fellow veterans by becoming a member of The American Legion. I certify that I served at least one day of active military duty during the dates marked below and was honorably discharged or am still serving honorably.

epost 2100 mailing address ----> **Chuck Goetz
675 Washboard Road
Cleveland, GA 30528**

Application may be made in any of the following methods:

1. Complete this application and mail it to Ted Richards, epost 2100 Adjutant along with a check in the amount of \$35.00 (payable to American Legion) and a copy of DD214
2. Simply call and make application telephonically (less than 5 minutes).
3. Visit our website at epost 2100.org and make application there

Please check applicable "Dates of Service" and "Branch of Service":

DATES OF SERVICE	BRANCH OF SERVICE
<input type="checkbox"/> AUG. 2, 1990 – OPEN	<input type="checkbox"/> U.S. ARMY
<input type="checkbox"/> DEC. 20, 1989 – JAN. 31, 1990	<input type="checkbox"/> U.S. NAVY
<input type="checkbox"/> AUG. 24, 1982 – JUL. 31, 1984	<input type="checkbox"/> U.S. AIR FORCE
<input type="checkbox"/> FEB. 28, 1961 – MAY 7, 1975	<input type="checkbox"/> U.S. MARINES
<input type="checkbox"/> JUNE 25, 1950 – JAN. 31, 1955	<input type="checkbox"/> U.S. COAST GUARD
<input type="checkbox"/> DEC. 7, 1941 – DEC. 31, 1946	
<input type="checkbox"/> APR. 6, 1917 – NOV. 11, 1918	
<input type="checkbox"/> U.S. MERCHANT MARINE — DEC. 7, 1941 – DEC. 31, 1946	

NAME

ADDRESS

CITY, STATE, ZIP

PHONE

E-MAIL ADDRESS

BIRTH DATE

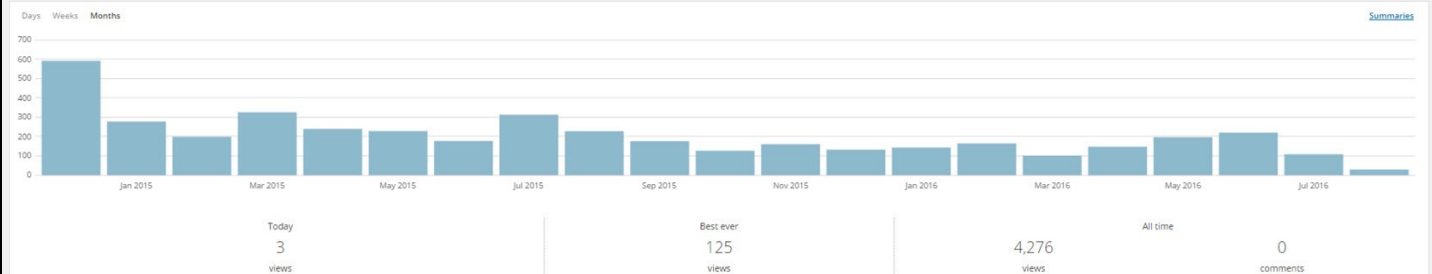
SIGNATURE

WEB SITE STATS FROM MARK

Site Stats [Configure](#)

August 6, 2016, 2:13 pm

Did you know you can view enhanced stats on WordPress.com? [Show Me](#)



CYBERSECURITY NEWS

The Department of Homeland Security (DHS) and [Hire Our Heroes](#) have teamed up to offer training for Veterans in cybersecurity, in support of Veterans join our nation's cybersecurity workforce.

DHS's Federal Virtual Training Environment (Fed VTE) offers free online, on-demand cyber security training to government employees and Veterans. Veterans can sign up for an account through the [Hire Our Heroes website](#) and follow instructions through "ID me" to verify veteran status and register for a FedVTE account.

DHS also offers a [Veterans Cybersecurity Training and Education Guide](#) to help Veterans assess their readiness and interest in a cyber security career, prepare and plan for the necessary training, and engage by developing cybersecurity skills and abilities.

Fed VTE has over 100,000 users and contains more than 800 hours of training. Users can take courses in risk management, malware analysis, mobile and device security and ethical hacking.

According to the [training website](#), cybersecurity professionals report an average salary of \$116,000, nearly three times the national average. The demand for cybersecurity experts is growing 12 times faster than the current U.S. job market, making cybersecurity one of the most highly sought-after careers in the country.

In addition to these resources and in hopes of developing a technically skilled workforce and a pipeline for future employees, DHS and the National Security Agency (NSA) jointly sponsor the National Centers of Academic Excellence program. Through this program, Veterans interested in pursuing a degree in cybersecurity or a related field can attend a college or university designated as a Center of Academic Excellence and recognized for aligning their programs with skills needed to work in the career field.



Veterans enrolled in select cybersecurity academic programs may want to apply for the [CyberCorps®: Scholarship for Service \(SFS\)](#). This program provides scholarships for college students studying cybersecurity in return for Federal, State, local or tribal government service upon graduation.

Have questions? Contact vets@HQ.DHS.GOV.

The above was furnished by Paul.

VAMC FROM PAUL

The Atlanta VA Medical Center (Atlanta VAMC) named Annette P. Walker as its new director responsible for 4,700 employees and an operating budget of more than \$700 million.

Walker will oversee the main hospital in Decatur, campuses at Fort McPherson and in Carrollton, as well as clinics in Atlanta, East Point, Oakwood, Austell, Stockbridge, Lawrenceville, Newnan, Rome, and Blairsville, Ga.



The Atlanta VA Medical Center (Atlanta VAMC) named Annette P. Walker as its new director... [more](#)

GEORGE FREY

The Atlanta VAMC reported Walker is currently the associate director at the John D. Dingell VA Medical Center in Detroit, a position she has held since March 2013. Beginning in January 2016, Walker served a four month term as interim director at the Jesse Brown VA Medical Center in Chicago. Walker has over 22 years of experience with VA beginning as a staff nurse and having held roles in nursing management, medical administration, and seamless transition (OEF/OIF) coordination, as well as serving as the current advocate for former Prisoners of War.

The Atlanta VA Medical Center is a Joint Commission and Magnet accredited 371-bed tertiary care facility that oversees health care delivery to more than 102,000 veterans.

Walker's appointment as the Atlanta VA director begins Sept. 4.

WE RECEIVED THE LETTER, BELOW:

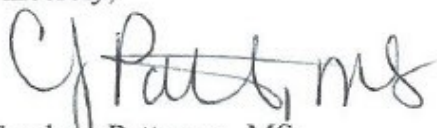
Dear Veterans,

I am contacting you in regards to our *We Honor Veterans* initiative at Gentiva Hospice Atlanta. We believe that American's Veterans have served our country with dignity and honor, and that their heroic service should be honored in all aspects of their lives. For this reason, we have joined the National Hospice and Palliative Care Organization and the Department of Veterans Affairs to help Veterans and their families meet the challenges they may face at the end of life.

As the Manager of Volunteer Services, I am seeking Veterans to volunteer with my *Veteran to Veteran Program*. This program allows us to match our Veterans patients with Veterans in the community for companionship, socialization and emotional support. We have found that Veteran patients who participate in the program benefit in the following ways: (1) they have unique opportunities that support life review and healing, (2) they are able to share a common language, (3) they share a cultural bond with fellow Veterans that opens doors of trust, (4) they share codes of conduct and honor, and (5) they are able to dissolve the barriers of stoicism and secrecy often found with Veterans, especially those with combat experience. In addition to volunteering, my department also conducts community outreach to Veterans and their families by going to agencies and facilitating workshops on various medical and social topics.

I would love the opportunity to meet with you and the members of your Post, and conduct an In-Service on our *We Honor Veterans* and *Veteran to Veteran* volunteer programs. There is not a deed that is too small or time that is not enough in Gentiva Hospice-Atlanta Volunteer Services. You can volunteer as little as twice a month for 15 minutes to 2 hours with a patient. If you have a desire to serve others, please contact me at 678-937-1800 or Candyce.Patterson@gentiva.com.

Sincerely,



Candyce Patterson, MS
Manager of Volunteer Services
Gentiva Hospice-Atlanta

See the Gentiva Hospice flier on the next page.



WE HONOR VETERANS
Hospice Professionals on a Mission to Serve



Vets Caring For Vets

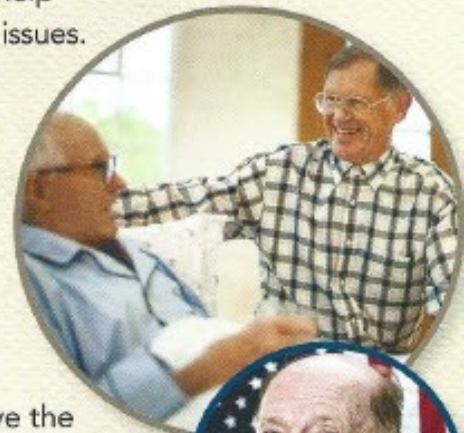
Share your time, become a hospice volunteer

Our hospice program, "Vets Caring for Vets," needs volunteers who are willing to share some of their time and talents to help patients and their families who are dealing with end-of-life issues.

Volunteers work directly with patients and families to provide services such as:

- Companionship
- Emotional support
- Socialization
- Respite for caregivers

Trained hospice volunteers who also are veterans will have the unique ability to support other veterans who are terminally ill. Our hospice program will provide education on the hospice philosophy and our care model. Our training will also help veterans understand their role as hospice volunteers.



 **GENTIVA[®]**
Hospice
An Affiliate of Kindred at Home

For more information,
contact Candyce Patterson, MS
Email: candyce.patterson@gentiva.com
Phone: 678-937-1800
gentiva.com